

## Essential Produce List

The following list contains wholesale fruits, veggies, herbs, and value-added products available for delivery or for pick-up at our Birmingham warehouse. Items are listed alphabetically. (Please note that not all items are available at all times of the year.)

At Regional, we meet the produce needs of both small and large organizations by offering most of the items we sell in full cases, fractional cases, by-the-pound, and individually.

### If you're looking for a particular item and don't see it listed below, please:

- Consult our Specialty List
- Call us at (205) 324-4569 or (800) 726-0711

ALFALFA, 12 CT CTN.	MUSHROOMS, LARGE 10 #- CTN.
APPLES, GOLD – 100 CT. CASE	MUSHROOMS, MEDIUM 10 # – CTN.
APPLES, GOLD 80 CT. CASE	MUSHROOMS, SLICED – 5 # – CTN.
APPLES, GRANNY SMITH – 88 CT.	NAPPA, PER 60# CTN.
APPLES, GRANNY SMITH 100 CT	ONION, JUMBO WHITE – 50#- SACK
APPLES, GRANNY SMITH 12/3#	ONIONS, LG DICED YEL 5# BAG
APPLES, RED – 12/3 CASE	ONIONS, DICED YEL 5# BAG
APPLES, RED DEL – 100 CT. CASE	ONIONS, GREEN – BOX
APPLES, RED DEL – 80 CT CASE	ONIONS, JUMBO RED – 25#
APPLES, RED DEL 125 CT. CASE	ONIONS, JUMBO YELLOW 50#- SACK
APPLES, ROME – 80 CT. CASE	ONIONS, MEDIUM YELLOW 50 #
ARUGULA, 1 #	ONIONS, SLICED RED – 5# BAG
ASPARAGUS, STANDARD – 11# CASE	ONIONS, SLICED YELLOW – 5# BAG
BANANAS, GRN – BOX	ORANGES, 125 CT. – CTN.
BANANAS, MEDIUM – BOX	ORANGES, 56 CT. – CTN.
BANANAS, RIPE – BOX	ORANGES, 64 CT. CASE
BASIL, 1 #	ORANGES, 80 CT BOX
BEAN, HERICOT VERTS- 5# CTN.	PARSLEY 60 CT. – BOX
BOK CHOY, 30LB. CTN.	PEARS, 110 CT. – BOX
BROCCOLI FLORETTES 3 # BAG	PEAS, SNOW 10 # CASE
BROCCOLI, 14 CT BOX	PEPPER, GREEN BELL – BOX
BRUSSEL SPROUTS, 25# CASE	PEPPER, GREEN BELL SLICED 5#
CABBAGE, CHOPPED – 5# BAG	PEPPER, GREEN DICED 5# BAG
CABBAGE, GREEN – BOX	POTATOES OF EVERY DESCRIPTION
CABBAGE, RED – BOX	RASPBERRIES, 12 CT. CTN.
CABBAGE, RED SHREDDED 5# BAG	ROSEMARY, 1 #
CANTALOUPE, 15 CT BOX	RUTABAGAS, 50 # CASE
CARROT COINS, 5# BAG	RUTABAGAS, CUBED 10# BAG
CARROT STICKS, 5# BAG	SALAD MIX W/COLOR 5# BAG
CARROTS, 1 # – 48 CT SACK	SALAD MIX, NO COLOR 5# BAG

CARROTS, BABY 24/1# CASE  
CARROTS, BULK 50 # SACK  
CARROTS, MATCHSTICK 5# BAG  
CARROTS, SHREDDED 5# BAG  
CAULIFLOWER FLORETTES, 3 # BAG  
CAULIFLOWER, 12 CT BOX  
CELERY, 36 CT – BOX  
CELERY, DICED 5# BAG  
CELERY, STICKS 5# BAG  
CHIVES- 1/4 #  
CHIVES, 1 #  
COLLARD GREENS, BUNCHES  
CORN, YELLOW – BUSHEL  
CUCUMBERS, ENGLISH – BOX  
CUCUMBERS, PER – BOX  
DILL, 1 #  
EGGPLANT, MED – BOX  
LETTUCE, LEAF – BOX  
LETTUCE, ROMAINE – BOX  
LETTUCE, SHREDDED – 5# BAG  
LIMES, 10# – BOX  
LIMES, 40# – BOX  
MANGOES, CASE  
MINT, 1 #  
MUNG BEAN SPROUTS – 5#  
MUSHROOM, PORTABELLA – 5# CTN.  
MUSHROOM, SHITAKE – 3# CTN.  
MUSHROOM, CRIMINI 5 # – CTN.  
MUSHROOM, PORTABELLA BABY-5#  
CT  
MUSHROOMS, BUTTON – 10# CTN.

SALAD W/ROMAINE 5# BAG  
SHALLOTS, DRY – 5# BAG  
SHALLOTS, PEELED 5#  
SLAW, ANGEL HAIR 5# BAG  
SLAW, CHOPPED N/C 5# BAG  
SLAW, CHOPPED 5# BAG  
SLAW, SHREDDED 5# BAG  
SLAW, SHREDDED N/C 5# BAG  
SPINACH, 12 – 10 OZ/CASE  
SPINACH, CUT/WASHED 2 1/2# BAG  
SPRING MIX, 5# BOX  
SQUASH, ACORN – CASE  
SQUASH, CHOICE YELLOW 30# CASE  
SQUASH, FANCY YELLOW 30# CASE  
SQUASH, SPAGHETTI – CASE  
SQUASH, ZUCCHINI FANCY 18# BOX  
SQUASH, ZUCCHINI MED. 18# BOX  
STRAWBERRIES, 12 PT/FLAT  
TANGERINES, CASE  
TARRAGON, 1/4 #  
THYME, 1#  
TOMATOES, 25 # 5X6 CASE  
TOMATOES, 25# 6X6 CASE  
TOMATOES, 25# EXTRA LARGE  
TOMATOES, 25# GREEN  
TOMATOES, 4X5 FLAT  
TURNIP GREENS, PER BUNCH  
TURNIP ROOTS, 25# BAG  
WATERMELON